



# Living Will & Palliative Care

Standard Operating Procedure

Consultation Process

A comprehensive guide to the Living Will consultation process, designed to empower you to document your healthcare preferences with dignity and clarity.

1

## Source of Patient Referral

- ◆ Hospital
- ◆ Self-referral
- ◆ Referring doctor
- ◆ Social media
- ◆ Friend/relative (word of mouth)

2

## Initial Information Access

- ◆ Official website
- ◆ Educational resources on Living Will and Palliative Care

3

## Initial Counselling Session

- ◆ Introduction to palliative care
- ◆ Understanding prognosis
- ◆ Concept and importance of Living Will
- ◆ Patient autonomy and decision-making
- ◆ Disclosure preferences with family

*i Duration: 15–20 Minutes. Ensure patient is mentally competent and consent is confirmed by doctor. Use Google Form for documentation.*

4

## Submission of Basic Details

- ◆ Online
- ◆ WhatsApp
- ◆ Email
- ◆ Physical submission

5

## Payment of Fees

Fees to be paid prior to detailed consultation.

6

## Detailed Counselling

- ◆ Detailed medical scenarios
- ◆ Clarification of patient wishes
- ◆ Family discussion with consent

*i Duration: 90 Minutes*

7

## Drafting of Living Will

Draft prepared with a 1-week review period. Patient may proceed immediately or later.

8

## Authorization & Signing

- ◆ Signed by patient
- ◆ Two nominees
- ◆ Witnesses
- ◆ Attested by government official

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## Storage & Distribution

- ◆ Copies to patient and nominees
- ◆ Secure storage (including digital)
- ◆ Inform relevant institutions if required

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## Updates

Living Will can be updated anytime with applicable fees.

Jeevan Mukti — Living Will & Palliative Care

Empowering you to document your healthcare preferences with dignity